

Témata pro inspiraci:

LEARNING LANGUAGES: Most effective ways of learning foreign languages; My English learning history; My learning habits

GIFT GIVING: Popular Christmas presents, birthday gifts, gag gifts etc.

MISHAPS and BREAKDOWNS: fall over, spill something, take something by mistake etc.; Have you ever been in similar situations?

MASS MEDIA: The power of media; Newspapers – broadsheets and tabloids, TV, radio, Internet etc.

TELEVISION: TV channels; Commercial breaks; My favourite programme; TV news, soap operas, talent shows etc.

THE INTERNET: Searching for information, communication, online shopping

MOBILE PHONES: Chat, games, applications etc.; Mobile phone addiction

SOCIAL NETWORKS: Facebook, Twitter, Instagram etc.; Facebook and friendship; Dangers of social media for teens

FAME: Pros and cons of being famous; Celebs and paparazzi; Child stars

JOBS: Job search; Successful job interviews; Self-employment

TIME MANAGEMENT: Tips for managing your time wisely

FOOD: Food and drink idioms; My eating habits; Vegetarians, vegans, raw food; Food bloggers; Zdeněk Polreich; Food additives and allergy; Obesity

EATING OUT: Restaurants, Complaints in a restaurant; Fast food and takeaways

MONEY: Money expressions; Household budget; Energy-saving tips for homes

SHOPPING: Quality of food in supermarkets; Hazards of online shopping; Product complaints; Black Friday and other sales

PEOPLE: Relatives; Neighbours; Bosses and colleagues; Good and bad manners; Family sessions; Small talk

PARENTS and CHILDREN: Raising children; Bedroom culture; Teen problems; Children and money

LOVE and RELATIONSHIPS: Single vs. Married life; Dream partner; Speed dating; Gender gap; Weddings

HUMAN BODY: Appearance; Body idioms; Beauty obsession and Cosmetic surgery; Tattoos and piercing

FEELINGS, EMOTIONS, MOODS: How do you feel today?; Happiness and laughing; Stress and anxiety; Fears and phobias

HEALTH and ILLNESS: Colds and flu; Injuries; Keeping fit; Alternative medicine; Mental health; Wellness and spas

SPORT: Jogging, yoga, skiing, cycling, hiking etc.; Workout in gyms; Adrenaline sports; Kids and sport

CLOTHES and FASHION: Shopping for clothes; Wardrobe cleanout

LIVING: Flat vs. family house; Furniture and decorations; Easter, Advent and Christmas decorations

GOOD TASTE and BAD TASTE: in clothes, in home furnishings

GARDEN and COTTAGE: Gardening and seasonal jobs; Planting herbs

SCHOOL and EDUCATION: My best and worst teachers; Grading system in schools; Alternative schooling

BOOKS and READING: Classic books vs. e-books; Children's books

TOWN: My hometown; Cultural events in town; Transport

TOURISM and SIGHTS: My best holiday ever; Going abroad – travel arrangements

CINEMA and THEATRE: Film review/Play review

CARS and DRIVING: My driving experiences; Driving school; Traffic in towns, Police and traffic violations; Road accidents

PEOPLE IN NEED: Homeless people and beggars; Charity, charity organizations, benefit concerts, volunteering, scam charities etc.; Hospice vs. home care

SMOKING: Smoking ban in pubs and restaurants; Quitting smoking

MYSTERIES: Crop circles, UFOs, Stonehenge etc.

FESTIVALS and TRADITIONS: The importance of traditions; Customs and traditions in my country - food, symbols, festivals etc.; Karlovy Vary International Film Festival; Velká pardubická steeplechase; Advent markets

CRIME: Breaking the law - minor and serious crimes; Prison sentences – effective punishment for criminals?; Crime prevention; Using guns in self-defence; Capital punishment

NATURAL DISASTERS: floods, tsunamis, hurricanes, earthquakes etc.; Charities and Donations

NEW YEAR RESOLUTIONS: the chance to change our mindset

z publikace **Tipy pro lektory – Od sterilní učebnice k živým hodinám** (2018)